




SEPTEMBER


Welcome to our September Newsletter! We have a fun filled month ahead, including a train trip! Here you will learn more about all that's happening at the center during the month of September and beyond!

Join us when you can, and don't forget to invite friends!


Thanks as always for making our center a fun place to be! YOU make the difference!




Our next Monthly Luncheon is September 4th at NOON at Wiesemeyer. We have Hill Williams entertaining. We are serving beef and noodles, and Carol's famous salad and dessert. \$10 at the door. RSVP IS VERY IMPORTANT! If you RSVP'd and can no longer make it, PLEASE call the center at 618.667.2022 and let us know! Many Thanks!




Our next Live and Learn is September 25th at 10 AM at Wiesemeyer. We have the Troy Police K9 team here for a demonstration. Come see these fabulous canines in action! FREE, RSVP is appreciated. Call the center 618.667.2022




Drum Fun is every Friday at 9 AM! Lisa Edwards will be at the skating rink to lead the group! Thank you, Lisa! Drummers unite!




NO BINGO ON LABOR DAY! Otherwise, Bingo continues every Monday at 12:30 at Wiesemeyer. We'll have a light snack and there is no cost to play, and no RSVP required.



We play Hand and Foot the second and third Thursdays of the month. In September we will play on the 11th and the 18th from 12:45 – 3:30 pm at the office building. No experience needed! Free to play. Come one come all!



Location Change! Our Sit n Get Fit Class meets every Wednesday at 10 AM at the WIESEMEYER building! Our class is growing and more fun than ever! We even exercise to the Beer Barrel Polka! This class improves strength and flexibility, all in a fun inviting setting! Bring a friend for this seated exercise class! Weights, exercise bands and water are provided. THIS CLASS IS FREE! No RSVP required.



Pokeno is Wed. September 17th at 12:30 at Wiesemeyer. We'll serve a light snack, and there is no cost to play. No RSVP required. You do not need to know how to play. Bring a friend! You have to win those dollar bills! Cambridge House will be providing snacks for all of 2025! THANK YOU TO ANGIE at CAMBRIDGE HOUSE IN MARYVILLE!



Our next Food and Friends meal is September 24th at 4 PM. The next location is determined by vote at the previous dinner. Separate checks as always, bring a friend, and we'll share all the news that is news! RSVP is a must!! Call the center at 628.667.2022 to RSVP. Stay tuned for location!



BUNCO is played the last Thursday of the month at Wiesemeyer, our next game is September 25th at 1 PM at Wiesemeyer. Seats are currently full; however, we are looking for additional subs. Please call the center to get on the waiting or sub list. 618.667.2022



Day Trips 2025

Thursday Sept. 11th – Iron Mountain and Southern Railway, Jackson MO, Trip #1. Murder Mystery Dinner, with wine tasting from local wineries and an opportunity to purchase wine. 1 Sneaker Trip. \$100 per person, all inclusive, and non-refundable. One person may not purchase more than 2 tickets at a time. There are 40 seats available. TICKETS ON SALE NOW! Those on the waiting list from trip #2 have priority!

Thursday Sept. 18th – Iron Mountain and Southern Railway, Jackson MO trip #2. Murder Mystery Dinner, with wine tasting from local wineries and an opportunity to purchase wine. 1 Sneaker Trip. This trip is full with a waiting list.

Wednesday October 8th - Stages, to see Carol King's musical, "Beautiful." 1 Sneaker Trip

If you have suggestions for Live and Learns, new entertainment, or day trip ideas, please let me know! As always, my hours are generally Mon. Wed. Thurs. from 9 am till 2 pm. Please know, if I am in the office at the "house" my door is always open! If not at the "house" you can always leave a message at 618.667.2022 and I will get back with you as quick as I can!

Wanda Todoroff Activity Director 618.667.2022